

What is a Health Promoting School?

“A school that is constantly strengthening its capacity as a healthy place for living, learning, and work” - W.H.O

HEALTH IS...

- ◇ Academic
- ◇ Physical
- ◇ Social
- ◇ Mental
- ◇ Emotional
- ◇ Environmental
- ◇ Spiritual



Benefits of a HPS...

- ◇ Improved health & school environment
- ◇ Increased self-confidence
- ◇ Improve student learning
- ◇ Develop new skills
- ◇ Significant behavior benefits
- ◇ Build community-school relationships
- ◇ Maximize resources

Current Partners:

- ◇ Tri-County Regional School Board
- ◇ Southwest District Health Authority
- ◇ Nova Scotia Health Promotion and Protection
- ◇ Community Health Boards
- ◇ R.C.M.P
- ◇ Leisure Services
- ◇ Community Services
- ◇ Family Resource Centres
- ◇ NSCC Burrige Campus
- ◇ Connecting to Africa: The Ghana Project

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Health Promoting Schools

*The Tri County Health Promoting School Vision is...
“An active, supportive school and community environment where there is ongoing commitment to health and the provision of health enhancement opportunities*

